



Southern Alberta
Professional Development
Consortium

The Science of Safety: An Introduction to a Polyvagal Informed Approach to Understanding Challenging Behavior



PRESENTED BY

Kent Hollingsworth



SERIES SESSIONS

Date	Time
April 06, 2022	9:00 AM - 10:30 AM



LOCATION

SAPDC Learning Suite OR Zoom online meeting - 2219 14 Ave S (Located in Our Lady of Assumption School)

FEE

\$30.00

QUESTIONS?

Contact Us:

403-381-5580

REGISTER ONLINE

Visit our website to register:

sapdc.ca

Program

How does the science of our body impact the strategies used to support challenging behaviors, including those who have experienced trauma? Participants will be introduced to Polyvagal Theory through guided exercises and examples, and learn how physiological states impact behavior and relationships.

Hosted rebroadcast 4:00 - 5:30 pm

Presenters

Kent Hollingsworth

Kent Hollingsworth, M.A., CSFT is a *Certified Solution-Focused Therapist, Behavior Consultant and Clinical Consultant to a number of school divisions, with a focus on supporting neurodevelopmental disabilities.*

Registration Notes

This session will be presented online with the option to attend in-person. Please indicate by checking the proper field on the registration page.

Hosted rebroadcast 4:00 - 5:30 pm



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