



Managing Mealtime Struggles in Child Care



PRESENTED BY

**Alberta Health Services Registered
Dietitians**



SERIES SESSIONS

Date	Time
April 26, 2022	7:00 PM - 8:30 PM



LOCATION

Computer of your choice - -

FEE

\$0.00

QUESTIONS?

Contact Us:

403-381-5580

REGISTER ONLINE

Visit our website to register:

sapdc.ca

Learning Opportunity

Are you tired of mealtime struggles? Not sure how to deal with picky eating? Want to know more about typical toddler feeding behaviours? An AHS Registered Dietitian will answer your questions and provide helpful strategies during this online session on feeding toddlers one year of age and up.

Topics include:

- General healthy eating guidelines for young children
- Normal toddler eating behaviors
- Tips to manage mealtime struggles and make mealtimes a positive, healthy experience

Participants will receive a certificate of attendance.

Presenters

Alberta Health Services Registered Dietitians

Alberta Health Services, Nutrition Services' Dietitians help Albertans enjoy good health. Working with individuals, families, groups and organizations, Registered Dietitians play an important role in helping Albertans achieve their best

nutritional health.



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