



## Trauma Informed Education - Online Opportunity



PRESENTED BY

**Kim Barthel**



### SERIES SESSIONS

Date	Time
April 21, 2020	9:00 AM - 3:30 PM
April 22, 2020	9:00 AM - 3:30 PM



LOCATION

**Online**

FEE

**\$0.00**

QUESTIONS?

**Contact Us:**

**403-381-5580**

REGISTER ONLINE

**Visit our website to register:**

**sapdc.ca**

### Program

Trauma informed education, appropriately, is becoming an increasingly common topic of conversation in Canadian schools. Circumstances such as domestic violence, abuse, neglect and addiction are examples of what is happening within families that dramatically affects a child's development, and it significantly impedes their capacity to learn. This two-day workshop illuminates the significance that trauma has on the brain, on relationships, and on the way learning happens within our classrooms. As educators it's not enough to say we teach subjects - we are teaching students. And each one of them may or may not be in a position to learn at their maximum capacity due to their personal life experiences they bring with them. This workshop invites you to understand a bit more about the science behind behaviour and learning, and how educators can help bring out the best in all of their students.

What will you learn from this workshop?

- Gain an appreciation for the deep impact that trauma has upon learning and development
- Understand how trauma shapes relational skills, coping strategies and behaviour
- Identification of the red flags in behaviour that are suggestive of relational trauma
- Understand how, as a teacher, your awareness and mindfulness can open the door for improved connection with students who live with these challenges
- Develop attunement and communication skills that will support the students' regulation, healthy brain rewiring, reflection, self-esteem and learning
- Develop considerations for trauma informed curriculum

- Develop problem-solving for environmental adaptations for a trauma informed learning environment
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## Presenters

### Kim Barthel

Kim integrates the science of occupational therapy and neurobiology with cutting edge practice to support the conscious evolution of the human spirit. With 30 years of experience in the field of occupational therapy, Kim's approach to serving clients is visionary and eclectic yet grounded and easy to integrate into your daily life.

Kim began her career as a pediatric occupational therapist serving children and adolescents with a broad spectrum of neurological and developmental disabilities. As the owner of Labyrinth Therapies in Winnipeg, Manitoba, Kim developed the first free-standing occupational therapy clinic outside of socialized medicine in Western Canada in 1989. This pioneering centre provided therapy services for children and developmentally disabled adults servicing Manitoba, Saskatchewan and Northwestern Ontario.

Kim is now world-renowned teacher and therapist, most active in the fields of relational trauma and sensory processing. Her revolutionary process reinforces the importance of relationship in therapy; blending the art of intuitive inquiry with cutting edge developments in neuroscience.

To empower personal reflection, she recently co-authored the national best-seller "Conversations with a Rattlesnake" with hockey legend and trauma advocate Theo Fleury.

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## Registration Notes

**Online sessions are for Alberta Teachers and Participants Only.**

**Participants must use their School Division email to Register.**

This online session is made possible through funding from Alberta Education.

A recording of this session will be available for 30 days after day two. Please note the copyright belongs to Relationship Matters and participants are unable to copy or share it without our written permission.



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