

## Executive Functions: What are they? How do I recognize problems? How do I effectively teach them?



PRESENTED BY

**Dr. Cory Beres** 



## **SERIES SESSIONS**

Date	Time
April 24, 2018	9:00 AM - 12:00 PM



LOCATION

SAPDC Learning Suite - 2219 14 Avenue South (located in Our Lady of Assumption School)



## **Program**

Executive functioning is the brain's ability to make and execute plans.

Do you have students who often lose their train of thought and assignments; who simply cannot get started on assignments; who are unable to prioritize what parts of a project are the most important; or who have trouble remembering instructions? All of these are signs of possible problems with executive functions. These functions are not learned simply through the modeling of other students, but must actually be taught.

This learning opportunity is made possible through funding from Alberta Education.

## **Presenters**

**Dr. Cory Beres** 

I have taught K-12 in regular and multi-grade classrooms for almost 4 decades including students with a diverse range of abilities. Over 25 years of my career, I was also responsible to ensure that students with learning challenges and exceptionalities received meaningful educational experiences.

Being a person who was forever involved in furthering my own learning to assist my students, I managed to finish an educational doctorate one year before retiring from public education. For a decade I then taught and supervised education students at the U of L. The subject areas that I taught were Language in the Classroom, and the first and second year psychology courses.

I continue to love teaching and this year I am spending time subbing in a variety of subjects at all grade levels.

