

School Nutrition Program Support Webinar



PRESENTED BY

Norah Fines, RD & Michelle Letourneau RD



SERIES SESSIONS

Date	Time
November 06, 2017	2:00 PM - 3:00 PM



LOCATION
Online

\$0.00

QUESTIONS?

Contact Us:
403-381-5580

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Program

Please join us for a short online webinar, intended for School Food Providers, Cooks, Food Program Coordinators or School Administrators in Zone 6. The webinar will share information about nutrition resources available and engage participants in an interactive question/answer period.

Alberta Health Services' <u>Healthy Eating Starts Here website</u> has a variety of healthy recipes and nutrition resources to support your breakfast, snack or lunch program with aiming to meet the <u>Alberta Nutrition Guidelines for Children and</u> Youth, and Canada's Food Guide to Healthy Eating.

This learning opportunity is made possible through funding from Alberta Education.

Presenters

Norah Fines, RD

Norah Fines is a Health Promotion Coordinator from Alberta Health Services with the <u>School Health and Wellness</u>

<u>Promotion team</u>. She has been working in health promotion for over 10 years, and has a passion for supporting healthy school environments.



Michelle Letourneau RD

Michelle Letourneau is a Registered Dietitian with Alberta Health Services. She works in Population and Public Health in Brooks and enjoys collaborating with her community to create healthy environments.



