



Hot Topics in Schools: Exploring the Relationship Between Digital Media, Sexual Health and Violence in Today's School Environment



PRESENTED BY

Courtney Epp, Baylee Schmidt & Christine McKernan



SERIES SESSIONS

Date	Time
January 15, 2025	3:30 PM - 4:45 PM



LOCATION

Zoom Online Meeting - Zoom

FEE

\$0.00

QUESTIONS?

Contact Us:

403-381-5580

REGISTER ONLINE

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sapdc.ca

Learning Opportunity

In today's digital age, students have unprecedented access to information at their fingertips anytime and anywhere, so it's crucial to be prepared to talk about sexting, pornography, and consent. In this session, we'll showcase best practices, practical teaching strategies, and valuable tips to support conversations in today's classroom. We will also explore the different types of sexual violence faced by children and youth, provide guidance on how to respond appropriately to disclosures, and offer strategies for self-care when supporting others. Participants will learn how to create a safe, supportive environment for disclosures, respond in a trauma-informed way, and maintain their own well-being after providing emotional support. Time for facilitated discussion and Q&A will be included.

Presenters

Courtney Epp

Courtney Epp is a Health Promotion Facilitator on the Healthy Schools Team within Alberta Health Services. She has been with the organization for over 10 years and is passionate about improving staff and student wellbeing through evidence-informed action using the comprehensive school health approach. Courtney has a keen interest in

supporting divisions in the South West Zone with emerging hot topics that affect the overall wellness of the school community. In her spare time, Courtney enjoys connecting with nature and spending time with her 9 year old twins.

Baylee Schmidt

Baylee Schmidt (She/Her) is a registered social worker with a Bachelors of Social Work. Currently, she serves as the Supervisor for the Chinook Child and Youth Advocacy Centre, a program of the Chinook Sexual Assault Centre, where she demonstrates her commitment to supporting individuals in a trauma-informed, person-centered way. Baylee is dedicated to providing support to those she works with, offering a safe, compassionate environment for healing and growth. Additionally, she plays a key role in community education, offering valuable insights and resources to schools and groups in southern Alberta's southwest zone. Outside of her professional life, Baylee enjoys spending time with her partner in Lethbridge, listening to live music, going to the movies, and trying new recipes.

Christine McKernan

Christine McKernan (she/her) has Master of Science in Health Promotion and has worked in the field of public health for over ten years. She has experience building healthy school communities across Alberta in urban and rural settings. In her free time, Christine enjoys hiking, biking, and chasing a new personal best in half and full marathons.

Registration Notes

This session is part of a "Hot Topics in School Health Series" presented in collaboration with the AHS Healthy Schools Team. There will be a different topic every month. Portions of this session will NOT be recorded due to the sensitive nature of the content.

Zoom link will be sent out in the registration email. Please check your junk/spam folder if you don't see it right away.

