



## February 21 & 22, 2012

As an Alberta Education stakeholder, you are personally invited to attend specific events that are part of the two-day, Triple P Practitioner Symposium and Showcase. Please see below for details on each event and how to register.

### **Triple P - Positive Parenting Program Overview**

February 21, 2012 - 10:30 am - Noon

Through an information session, coupled with a question and answer period, Dr. Matt Sanders, founder of Triple P-Positive Parenting, will provide an overview of the program, how it works and the science behind it. This session is on Tuesday, February 21 from 10:30 am to noon.

### **Raising Resilient Children (0 - 12 years)**

February 21, 2012 - 7 - 9 p.m.

A child's emotional resilience, or ability to cope with their feelings is important to long-term happiness, well-being, and success in life. Learn about how to promote the six key resiliency skills within your child by attending this seminar.

### **Raising Responsible Teenagers (11-16 years)**

February 22, 2012 - 7 - 9 p.m.

This seminar helps parents learn how to encourage teenagers to develop the skills they need to become independent and responsible through taking part in family decision making, being respectful and considerate, being involved in family activities, developing a healthy lifestyle, being reliable, and being assertive.

### **Attend in Person or Via Live Webcast**

The seminars will be held in Edmonton at the Radisson Hotel and Conference Centre at 4440 Gateway Boulevard. Both events will also be available via live webcast. All you need is a computer, speakers and high-speed internet. Leave the rest to us.

### **Registration**

**THERE IS NO FEE TO ATTEND.** But registration is required. Please visit [www.research4children.com](http://www.research4children.com). Click on the "Events" tab located across the top of the screen. Then, go to the left-hand column of the "Events" page and you will find - Triple P Events. Links to registration forms are available on that page.

Questions? E-mail Aimee Caster at [acaster@research4children.com](mailto:acaster@research4children.com) or call 780-944-8636

*This event is proudly sponsored by Alberta Education and Alberta Human Services.*

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